

## Week of January 30, 2023

Upcoming Dates	
Feb. 1	Winter Walk Day
Feb. 3	PA Day - School closed to students
Feb. 13-17	Book Fair - more details to follow
Feb. 20	Family Day - school closed
Feb. 22	Pink Shirt Day
Feb. 21-24	Kindness Week

### **Literacy Day**

Our students enjoyed reading with their buddies and engaging in special Literacy Day activities today.

### **Volleyball News**

Congratulations to our boys and girls Junior Volleyball teams who participated in the area volleyball tournament this past week. The boys placed 4th and the girls placed 2nd. We are so proud of both teams for their effort, enthusiasm, and teamwork! Thank you to our coaches, Ms. Fisher and Ms. Ricciardi for supporting our teams.



### **Winter Walk Day - A Message from York Region Public Health**


WINTER WALK DAY IS WEDNESDAY, FEBRUARY 1, 2023

Winter is a great time to be active outdoors. Bundle up and join others from schools across Canada to celebrate [Winter Walk Day](#) on Wednesday, February 1, 2023. Students, parents, teachers and others in the school community are encouraged to walk to and from school, walk at school and walk around the

neighbourhood. It's a great way to fit physical activity into your day and enjoy its physical and mental health benefits.

Research shows even short walks have a positive impact on mood and can help reduce stress and anxiety. [Walking to school](#) helps children practice independent decision-making, foster social-emotional bonds with peers, and develop road sense and awareness of their environment. Children and families are encouraged to take the opportunity to walk to and from school on Winter Walk Day and throughout the year.

Let's make walking the physical activity of a lifetime!

The announcement is a vertical rectangular poster with a white background. It features decorative elements: a yellow pencil and orange pencil on the left, a blue snowflake on the right, and two green pine trees at the bottom. The text is centered and reads: 'Winter Walk Poster Contest' in a large, black, serif font. Below this, 'Ends February' is underlined, followed by a large number '6'. Then, 'DESIGN YOUR SCHOOL'S OFFICIAL 'WINTER WALK' POSTER!' is written in a bold, black, sans-serif font. Next, 'Use the theme 'walking during winter' to enter the contest and to have your poster displayed around your school during February!' is written in a black, sans-serif font. Then, 'Submit your poster to your homeroom teacher to become 1 of 3 chosen posters!' is written in a bold, black, sans-serif font, followed by '(1 poster will be chosen per division: JK-2; 3-5; 6-8)' in a smaller, black, sans-serif font. At the bottom, there is a box titled 'Poster Requirements' containing the following text: 'Poster submissions should be winter-themed, include the event name "Winter Walk Month (February 1 - February 28)" and include at least one of the following elements:'. This is followed by a bulleted list: '• Students walking/rolling to school', '• Why walking/rolling to school is good for you and/or the environment', '• How to dress for winter and/or winter walking safety tips', and '• Why walking/rolling to school in the winter is SNOW much fun!'. At the very bottom of the box, it says 'Poster size: 8.5 x 11 (letter paper)'.

## Workshops



### Inclusive School and Community Services in Partnership With Community Living York South



### Supporting your Children with Special Needs

#### Information Series Part One: Understanding Autism Spectrum Disorder

This session will be delivered in English, Chinese and Tamil on different dates to help parents, guardians and caregivers learn:

- What is Autism?
- Diagnosis process
- Common characteristics
- At-home strategies
- Resources available in the community

**Presenter:** Winny Ho, Community Support Coordinator at Community Living York South

**When:** Thursday, March 2, 2023, 6:30-8:00pm

**Register this event now!**

**English Session Virtual**

<https://bit.ly/3XI8CTo>



For more information, please contact Community and Partnership Developer  
**Shani Blake** - [shani.blake@yrdsb.ca](mailto:shani.blake@yrdsb.ca)



约克区教育局共融校园及社区资源部  
携手与  
约克区南部社区生活机构



## 支持有特殊需求孩子的中文讲座系列之一: 了解自闭症

欢迎家长、监护人或照顾者参加这个中文讲座来了解什么是：

- 自闭症谱系障碍
- 诊断过程
- 普遍特征
- 在家干预技能
- 社区帮助资源

讲座嘉宾: **Winnie Ho**, 约克区南部社区生活机构社区支持协调员

### 中文线下讲座

时间：2月17号周五上午9:30-11点

地点：Aldergrove Public School

报名请点击

<https://bit.ly/3i8VOA2>

或扫码



### 中文线上讲座

时间：2月24号周五晚上6:30-8点

报名请点击

<http://bit.ly/3GcNE1l>

或扫码



如需了解更多详情，请联系社区和合作拓展专员

Cynthia Liu - [cynthia.liu@yrdsb.ca](mailto:cynthia.liu@yrdsb.ca), Pauline Guo - [pauline.guo@yrdsb.ca](mailto:pauline.guo@yrdsb.ca)

# VDPS Weekly



Ph: (905) 585-0033 & (647) 749-4316 Email: [viola.desmond.ps@yrdsb.ca](mailto:viola.desmond.ps@yrdsb.ca)  
Twitter: @ViolaDesmondYR

## Celebrating Black History Month Events

\* Dates and Events subject to change



Date and Time	Event Information
February 2, 2023	Virtual Storytime For the Family By Sandra Whiting- Open to All Students and Families in K-6 <a href="#">Register Here</a> Virtual or In person Experience Details to be shared upon registration
February 24, 2023	Family Cookout with Chef Maxine Knight - Open to All: Student & Families <a href="#">Register Here</a> Virtual or In person Experience Details to be shared upon registration

## RAISING CONFIDENT COMPETENT CHILDREN

Let's talk about it!

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.



**January 31, 2023 | 10:00 a.m. – 11:30 a.m.**

We welcome parents, guardians, caregivers and community members to attend these virtual sessions!

[Register Today!](#)

This session will focus on how to ensure a safe and engaging environment for children by:

- Encouraging respect and cooperating
- Learning to be independent
- Learning how to develop healthy self-esteem
- Available resources and supports in the community.

**Facilitator:** Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families



This free parent presentation is brought to you in a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

[Register Here](#)

For more information:

Oksana Majaski, Community & Partnership Developer, YRDSB

[Oksana.majaski@yrdsb.ca](mailto:Oksana.majaski@yrdsb.ca)

**If you are not receiving emails about lunch time programming, ordering lunches or school fundraisers then please read below**

## **Canada's Anti-Spam Legislation (CASL)**

Effective July 1, 2014, Canada's Anti-Spam Legislation (CASL) impacts how York Region District School Board communicates electronically with our parents and community partners. CASL prohibits the sending of any type of electronic message that is commercial in nature unless the recipient has provided specific and informed consent.

As a result, York Region District School Board requires your consent to receive any electronic messages which contain advertising or promotions regarding school fundraisers, lunch programs, field trips, the sale of yearbooks, purchasing of student photos, books, prom or dance tickets, athletic events with an entry fee or similar events and offers.

In order to consent to receive commercial electronic messages we must already have your email address on file with the school to receive non-commercial communications. If you have not provided your email address as a part of the registration process, please contact the school directly to have your email address added to the non-commercial communications.

If your email address is already on file with the school, please indicate your acceptance of commercial emails by providing your email address using [this link](#)

The system will cross reference your email address with our database and if your email is on file with the school(s), you will receive a confirmation email.

**Please note**, in order to receive emails about hot lunches, lunch programs (theatre, cooking etc.), and fundraisers, you need to [opt in](#) to these emails.